

Take charge of your health and your future with the same unstoppable self-advocacy that drives Robin Arzón—Peloton VP of Fitness Programming and Head Instructor, ultra-marathoner, and type 1 diabetes warrior. Whether you're living with type 1, newly diagnosed, exploring your risk, or showing up strong for

Inside you'll find inspiration and space to reflect, plan, and move forward with the strength that comes from knowing this story is yours to write.

someone you love, this is your starting line.

abin Araón

Robin Arzón is a paid Sanofi spokesperson.

WHAT IS TZIELD? TZIELD is a prescription medicine used to delay the onset of Stage 3 type 1 diabetes, which is when your body can't make enough insulin on its own and may require insulin injections. TZIELD is for adults and children 8 years of age and older who have Stage 2 type I diabetes. This means that they have positive for 2 or more type1diabetes-related autoantibodies, have abnormal blood sugar levels, and do not have type 2 diabetes.

TZIELD may cause serious side effects. These include: · Cytokine release syndrome (CRS). Signs and symptoms may start during the first 5 days of TZIELD treatment and could include fever, nausea, feeling tired (fatigue), headache, muscle and joint pain, or increased liver enzymes in your blood. Tell your healthcare provider right away if you develop any signs and symptoms of CRS during treatment with TZIELD Decrease in white blood cells. TZIELD may cause a decrease in a type of white blood cell called lymphocytes. A decrease in white blood cells is a serious, but common side effect that can affect your body's ability to fight

It is not known if TZIELD is safe and effective in children under 8 years of age.

What is the most important information I should know about TZIELD?

infections. A decrease in white blood cell counts can happen after your first dose. Your white blood cell counts will start to go back to normal after your fifth dose of TZIELD. Some people may develop longer and more severe

decreases in lymphocytes Your healthcare provider will do blood tests to check your liver and your

IMPORTANT SAFETY INFORMATION

complete blood counts before you start treatment and during treatment with TZIELD. During and after your treatment with TZIELD, your healthcare provider will check for serious side effects, as well as other side effects, and treat you as needed. Your healthcare provider may temporarily or completely stop your treatment with TZIELD, if you develop liver problems, have a serious infection, or if your blood counts stay too low. Please see Important Safety Information throughout.

Please see Medication Guide and Prescribing Information. Robin Arzón was diagnosed with autoimmune type 1 diabetes (T1D) just weeks before running an ultramarathon in 2014—and she still crossed the

finish line. Her diagnosis became a turning point, fueling her drive to take charge of her health and

keep pushing forward.

single day." Robin knows firsthand that preparation + knowledge = power. When she was diagnosed, a treatment like TZIELD (teplizumab-mzwv) wasn't available nor would it have been appropriate for her — but she believes the opportunity to delay the onset of her insulin-dependent T1D could have made a meaningful difference. Today, TZIELD offers that possibility, as it can help delay the onset of Stage 3 T1D for people 8 years and older who have Stage 2 T1D. Robin's experience and resilience remind us that real strength starts with making the first move for yourself.

So get started. THE TIME IS NOW TO SCREEN FOR TID. Because the window to treat with TZIELD can be

short, take that first step and ask your doctor about

type 1 diabetes related autoantibody screening.

test yourself at home. If testing detects multiple

The process involves an easy finger prick or blood draw. You can have this done at a clinic or you can

T1D-related autoantibodies, and for certain people whose blood sugar testing confirms stage 2 TID,

I remember saying to myself: 'This is your story.

Own every word of it.' So,

I did. And I still do-every

there may be an option to delay the onset of insulin dependent T1D with TZIELD. **IMPORTANT SAFETY INFORMATION (CONT'D)** What should I tell my healthcare provider before receiving TZIELD? Before or after receiving TZIELD, tell your healthcare provider about all your medical conditions, including if you: have a serious infection or an infection that does not go away or keeps coming back have recently received or are scheduled to receive an immunization (vaccine). TZIELD may affect how well a vaccine works. Tell your doctor that

• are pregnant or plan to become pregnant. TZIELD may harm your unborn baby. Do not receive TZIELD during pregnancy and at least 30 days before a

 are breastfeeding or plan to breastfeed. It is not known if TZIELD passes into your breast milk and if it can harm your baby. Talk to your healthcare

you are receiving TZIELD before receiving a vaccine

planned pregnancy

provider about the best way to feed your baby if you receive TZIELD Please see Important Safety Information throughout. Please see Medication Guide and Prescribing Information. Make

Here's what the T1D autoantibody test could find and expert recommended actions you can take

THE PLAN: Talk to a doctor about repeat

I autoantibody: You may have a higher

screening, especially if there's a family history

O autoantibodies: No evidence of

autoimmune TID at this time

or other TID risk factors.

chance of developing TID

depending on the results:

Plan

THE PLAN: Discuss ongoing monitoring and rescreening with your doctor, and ensure you've screened for all type 1 diabetes related autoantibodies. 2+ autoantibodies: Indicates you may be in early stage T1D THE PLAN: Work with a doctor to get your blood sugar levels checked as soon as possible and to explore monitoring and management options. For certain people diagnosed in stage 2, TZIELD (teplizumab-mzwv) can potentially delay the onset of insulin dependent T1D and give you more time to prepare for the future.

"Your journey is

yours to own."

Robin's journey with TID didn't slow her down-it made her sharper, more relentless, and stronger than ever. To bring YOUR plan to own your story into greater focus consider these reflection prompts.

> **SUGGESTION: Writing out your responses by hand can help encourage deeper reflection - so grab your favorite journal or notebook, or even just a pen and paper, get cozy and find your center!

List out family members, friends, co-workers, acquaintances, or public figures I know of who

Don't worry about it—I feel fine

When it comes to T1D, I usually...

what to do if I had it

0 autoantibodies

1 autoantibody

with or living with T1D?

I would...

would...

2+ autoantibodies

have T1D.

and I worry others might be at risk Assume my doctor already checked for it Do none of the above. Instead, I usually... Visualize getting screening results for you or a loved one. What's the first thing that comes to mind for each result? If already diagnosed, what was your first reaction?

Avoid thinking about it—I wouldn't know

Think about it a lot—I or a loved one has it,

-to delay the onset of insulin dependent TID, I

may be right for me

deciding

else's story

THE WEEK)

short, I will:

"You can train. You can prepare. But

if you never take action—what is it

all for? Push past the fear and take

Advocate that family & friends consider screening Do none of the above. Instead, I would... If I had an option—like TZIELD (teplizumab-mzwv)

Talk to a doctor to discuss whether TZIELD

Want to learn more on my own before

Prefer to face challenges as they come

Spread the word. TZIELD wasn't an option for me, but could be a part of someone

Now that I know the window to treat with TZIELD is

Call my doctor on (PICK A DAY OF THE WEEK) to

for (MYSELF / MY CHILDREN / MY FAMILY OR FRIENDS)

discuss (screening / risk factors / tzield / other next steps)

Visit tzield.com to learn more on (PICK A DAY OF

Take charge and write my own next chapter

See how the plot unfolds on its own

What's your biggest fear about being diagnosed

If TID is already or became part of my story,

that first step to screen for TID. Screening along with additional testing can give you and your doctor the information to decide if TZIELD is an option for you." Robin Arzón Empowered by Self-Advocacy Robin Arac

sanofi

©2025 Sanofi. All Rights Reserved. MAT-US-2507169-v1.0-07/2025

Tzield

IMPORTANT SAFETY INFORMATION (CONT'D) Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. The most common side effects of TZIELD include: leukopenia (decrease in white blood cell counts) · headache

These are not all of the possible side effects of TZIELD. Talk to your healthcare provider for more information, and tell them about any side effects you notice. You may report side effects to the FDA at www.fda.gov/medwatch or 1-800-Please see Medication Guide and Prescribing Information.