



Tziel[®]
(teplizumab-mzwv)
Injection | 2mg/2mL

Talking to your doctor about TZIELD

Delaying the onset of insulin-dependent autoimmune type 1 diabetes (T1D) starts by having a real conversation with your doctor.

Actor Portrayal

What is TZIELD?

TZIELD is a prescription medicine used to delay the onset of Stage 3 type 1 diabetes, which is when your body can't make enough insulin on its own and may require insulin injections. TZIELD is for **adults and children 8 years of age and older who have Stage 2 type 1 diabetes**. This means that they have tested positive for 2 or more type 1 diabetes-related autoantibodies, have abnormal blood sugar levels, and do not have type 2 diabetes. It is not known if TZIELD is safe and effective in children under 8 years of age.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about TZIELD? TZIELD may cause serious side effects. These include:

- **Cytokine release syndrome (CRS)**. Signs and symptoms may start during the first 5 days of TZIELD treatment and could include fever, nausea, feeling tired (fatigue), headache, muscle and joint pain, or increased liver enzymes in your blood. Tell your healthcare provider right away if you develop any signs and symptoms of CRS during treatment with TZIELD

Please see additional Important Safety Information throughout and full [Prescribing Information](#) including [Medication Guide](#).

Take control of what's next

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—discuss TZIELD
with your doctor

Learning that you or your loved one has been diagnosed with early, non-symptomatic (Stage 2) T1D can feel overwhelming and raise many questions. We're here to support you every step of the way, starting with your next visit to your doctor.

This discussion guide can help ensure that you or your loved one makes the most of the next doctor appointment. Having an open conversation will help determine if TZIELD is the right treatment option.

Questions to ask your doctor:

What does an early-stage T1D diagnosis mean and what should I or my loved one do next?

What is TZIELD and how does it work?

Why is it important to start treatment with TZIELD now if symptoms haven't started yet?

What are the potential issues from choosing not to take TZIELD or delaying the start of treatment?

Are any tests needed to confirm eligibility for TZIELD?

What's the process for starting TZIELD and how is it given?

What are the possible side effects or risks associated with taking TZIELD, and are these monitored during treatment?

What kind of follow-up care or monitoring is required after completing treatment?

Please list any medications you or your loved one is currently taking, and if any vaccinations have been planned or received. Sharing this will help your doctor determine if TZIELD is the right choice.

What would you do with more time?

TZIELD may help you or your loved one stay symptom-free longer by slowing down the onset of insulin-dependent T1D. This could mean more time to:

- Adapt to the lifestyle changes that come with daily diabetes management
- Learn about potential complications and what to look out for
- Ensure you have the right care team by your side



IMPORTANT SAFETY INFORMATION (cont'd)

What is the most important information I should know about TZIELD? TZIELD may cause serious side effects. These include:

- **Decrease in white blood cells.** TZIELD may cause a decrease in a type of white blood cell called lymphocytes. A decrease in white blood cells is a serious, but common side effect that can affect your body's ability to fight infections. A decrease in white blood cell counts can happen after your first dose. Your white blood cell counts will start to go back to normal after your fifth dose of TZIELD. Some people may develop longer and more severe decreases in lymphocytes

Write down anything else you'd like to remember from your conversation with your doctor:

Real patients. Real stories. Real inspiration.

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TZIELD Patient Ambassadors are patients and caregivers living with T1D who have personally experienced the impact of TZIELD treatment.

Watch their inspiring stories and hear about their infusion experience.

Discover what TZIELD could mean for your own journey.

TZIELD.com/real-stories →

William, TZIELD patient

IMPORTANT SAFETY INFORMATION (cont'd)

Your healthcare provider will do blood tests to check your liver and your complete blood counts before you start treatment and during treatment with TZIELD. During and after your treatment with TZIELD, your healthcare provider will check for serious side effects, as well as other side effects, and treat you as needed. Your healthcare provider may temporarily or completely stop your treatment with TZIELD, if you develop liver problems, have a serious infection, or if your blood counts stay too low.

What should I tell my healthcare provider before receiving TZIELD?

Before or after receiving TZIELD, tell your healthcare provider about all your medical conditions, including if you:

- have a serious infection or an infection that does not go away or keeps coming back
- have recently received or are scheduled to receive an immunization (vaccine). TZIELD may affect how well a vaccine works. Tell your doctor that you are receiving TZIELD before receiving a vaccine
- are pregnant or plan to become pregnant. TZIELD may harm your unborn baby. Do not receive TZIELD during pregnancy and at least 30 days before a planned pregnancy
- are breastfeeding or plan to breastfeed. It is not known if TZIELD passes into your breast milk and if it can harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive TZIELD

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of TZIELD?

The most common side effects of TZIELD include:

- rash
- leukopenia (decrease in white blood cell counts)
- headache

These are not all of the possible side effects of TZIELD. Talk to your healthcare provider for more information, and tell them about any side effects you notice. You may report side effects to the FDA at www.fda.gov/medwatch or 1-800-FDA-1088.

Please see additional Important Safety Information throughout and full [Prescribing Information](#) including [Medication Guide](#).